# Padmashree Dr.D.Y.Patil College of Nursing, Pimpri, Pune-18 Fourth Year BSc. Nursing

Subject: - Community Health Nursing Faculty: - Ms. Kavita Kelkar

UNIT	TOPIC	Number of lecture	Lecture Serial No
1 Introduction	Definition, concept & scope of community health nursing	1	1
	<ul> <li>Historical development of</li> <li>Community Health</li> <li>Community Health Nursing</li> <li>Pre- Independence</li> <li>Post – Independence</li> </ul>	1	2
	Client's rights-CPA     Professional responsibility in community health care	1	3
	<ul> <li>Ethical principles</li> <li>Application of ethics in Community health practice</li> <li>Govt. &amp; legal influence on community Health Nursing practice</li> <li>Law in community Health Nursing</li> </ul>	1	4
Health Planning and Polices and Problems	National health planning in India Five year Plan's	1	5
	Various committees and commissions on health and family welfare	1	6
	- Central Council for Health and Family Welfare (CCH and FW)	1	7
	- National Health Polices (1983, 2002) - National Population Policy	1	8
	- Rural Health Mission	1	9
	Health problems in India	1	10

3 Delivery of community health services	Planning, budgeting and material management of SCs, PHC and CHC	1	11
	• Rural: Organization, staffing and functions of rural health services provided by government at:	2	12-13
	<ul> <li>Village</li> <li>Sub centre</li> <li>Primary health center</li> <li>Community health center/ sub divisional</li> <li>Hospitals</li> <li>District</li> <li>State</li> <li>Center</li> </ul>		
	• <b>Urban:</b> Organization, staffing and functions of urban health services provided by government at:	2	14-15
	<ul> <li>Slums</li> <li>Dispensaries</li> <li>Material and child health centers</li> <li>Special Clinics</li> <li>Hospitals</li> <li>Corporation/ Municipality/ Board</li> </ul>		
	Components of health services	8	16-23
	<ul> <li>Environmental sanitation</li> <li>Health education</li> <li>Vital statistics</li> <li>M.C.H. antenatal, natal, postnatal, MTP Act, female feticide act, child adoption act</li> <li>Family welfare</li> <li>National health programmes</li> <li>School health services</li> <li>Occupational health</li> <li>Defense service</li> <li>Institutional services</li> </ul>		
	Systems of medicine and health care     Allopathy     Indian system of medicine and	1	24

	Homeopathy - Alternative health care systems like yoga, meditation, social and Spiritual healing etc.		
	Referral system	1	25
4 Community Health Nursing approaches, concepts and roles and responsibilities of	<ul> <li>Approaches</li> <li>Nursing theories and nursing process</li> <li>Epidemiological approach</li> <li>Problem solving approach</li> <li>Evidence based approach empowering people to care for themselves</li> </ul>	2	26-27
nursing personnel	<ul> <li>Concepts of primary Health Care:</li> <li>Equitable distribution</li> <li>Community participation</li> <li>Focus on prevention</li> <li>Use of appropriate technology</li> <li>Multi sect oral approach</li> </ul>	2	28-29
	<ul> <li>Roles and responsibilities of Community health nursing personnel in</li> <li>Family health services Information Education Communication (IEC)         Management information System (MIS): maintenance of Records &amp; Reports</li> <li>Training and supervision of various categories of health workers</li> <li>National Health Programmes</li> <li>Environmental sanitation</li> <li>Maternal and child health and family welfare</li> <li>Treatment of minor ailments</li> <li>School health services</li> <li>Occupational health</li> <li>Organization of clinics, camps: types, preparation, planning, conduct and evaluation</li> <li>Waste management in the center, clinics etc.</li> </ul>	14	30-43

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	<ul> <li>Home visit: Concept, Principles, Process, techniques: Bag Technique home visit</li> </ul>	3	44-46
	Qualities of Community Health Nurse	1	47
	Job description of Community health nursing personnel	3	48-50
5 Assisting individuals and	Empowerment for self care of individuals, families and groups in –	1	51
groups to promote and maintain their health	<ul> <li>A. Assessment of Self and family</li> <li>Monitoring growth and development</li> <li>Mile stones</li> <li>Weight measurement</li> <li>Social development</li> <li>Temperature and Blood pressure monitoring</li> <li>Menstrual cycle</li> <li>Breast, self examination and testicles</li> <li>Warning signs of various diseases</li> <li>Tests: Urine for sugar and albumin, blood sugar</li> </ul>	2	52-53
	<ul><li>B. Seek health services for</li><li>Routine checkup</li><li>Immunization</li><li>Counseling diagnosis</li><li>Treatment</li><li>Follow up</li></ul>	2	54-55
	C. Maintenance of health records for self and family	1	56
	<b>D.</b> Continue medical care and follow up in community for various diseases and disabilities	1	57
	<b>E.</b> Carryout therapeutic procedures as prescribed/ required for self and family	2	58-59
	F. Waste Management	2	60-61

	Collection and disposable of waste at home and community		
	<b>G.</b> Sensitize and handle social issues affecting health and development for self and family	4	62-65
	Women Empowerment		
	Women and child abuse		
	Abuse of elders		
	Female feticide		
	Commercial sex workers		
	Food adulteration		
	Substance abuse		
	<b>H.</b> Utilize community resources for self and family	2	66-67
	<ul> <li>Trauma services</li> <li>Old age homes</li> <li>Orphanage</li> <li>Homes for physically and mentally challenged individuals</li> <li>Homes for destitute</li> </ul>		
6 National Health and family Welfare programmes and the role of a Nurse	National API programme	1	68
	2. Revised National tuberculosis control programme (RNTCP)	1	69
	3. National Anti- Malaria programme	1	70
	<ul><li>4. National Filaria control programme</li><li>5. National Guinea worm eradication programme</li></ul>	1	71
	6. National Leprosy eradication programme 7. National AIDS control programme	1	72

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8. STD control programme		
9. National Programme for Control of blindness	1	73
10.lodine deficiency disorder programme	1	74
11.Expanded programme on immunization	1	75
12.National Family welfare Programme – RCH programme historical development, organization, administration, research, Constraints	1	76
13.National water supply and sanitation programme	1	77
14.Minimum Need programme 15.National diabetics control programme	1	78
16.Polio eradication: pulse polio Programme	1	79
17.National cancer control programme	1	80
18. Yaws eradication programme	1	81
19.National Nutritional Anemia Prophylaxis programme	1	82
20.20 point programme	1	83
21.ICDS programme		
22.Mid day meal applied nutritional programme	1	84
23.National mental health programme	1	85
<ul><li>Health Schemes</li><li>ESI</li><li>-CGHS</li><li>-Health insurance</li></ul>	2	86-87

7 Health Agencies International	- WHO, UNFPA, UNDP, World Bank, FAO, UNICERF, DANIDA, European, Commission (EC), Red Cross, USAID, UNESCO, Colombo plan, ILO, CARE etc.	3	88-90
	National – Indian Red Cross, Indian Council for child welfare, Family planning Association of India etc.	2	92

## **Student References (**Bibliography)

- 1) Jayawanti, TNAI Nursing Manual, TNAI publication
- 2) K.Park, 'Text Book of Preventive & Social Medicine'
- 3) K.Park, Essentials of Community Health Nursing,
- 4) Rao Kasturi, 'An Introduction to Community Health Nursing', I publications.
- 5) Freeman Ruth, 'Community Health Nursing Practice'
- 6) Stanthope Lancaster, 'Community Health Nursing Process & Practice', Popular publication.
- 7) Basvantappa B.T, 'Community Health Nursing'
- 8) Anderson, 'Community as Partner, Theory & Practice'.
- 9) Allender, 'Community Health Nursing' B.I. Publications
- 10) Harpson, 'Hand Book of Community Health Nursing'
- 11) Shastr, 'Preventive & Social Medicine', National Publications
- 12) Sathe, 'Epidemiology & management of Health Care', Popular Publications
- 13) Vasundhara & Basvantappa , 'Community Health Nursing', Jaypee ublication
- 14) Mc. Evens M. 'Community based Nursing', Sanmdess publication
- 15) Kulkarni & Baride, 'Text Book of Community medicine', Vora Publications.
- 16) Cookfair Joan, 'Nursing Care in Community', Moby Publications
- 17) Maxey Public, 'Health & Preventive Medicine', Applin Colage Publications
- 18) Lippincotts, 'Community Health Nursing', Lrppincotts Publications
- 19) K.Park, 'Text Book of Preventive & Social Medicine'
- 20) Saunder, 'Essentials of Community based Nursing', Jones & Balet ublications
- 21) Mahajan Gupta, 'Textbook of Preventive & Social Medicine', Jaypee Publications
- 22) Walton, 'Community Concepts & Practice', Scuzt Foresmen Publications

- 23) Ghai Gupta, 'Essential Preventive Medicine', Vikas Publications
- 24) Babu Sheshu, 'Review in Community Medicine', Paras Publication
- 25) Lancaster, 'Community Health Nursing Process and Practice for Promoting Health', Morby Publications
- 26) Bhalerao, 'Synopsis in Preventive & Social Medicine', National Publications
- 27) Fromer Margareg, 'Community Health care & the Nursing Process', CV Mosby & Company Publications
- 28) Clarke, 'Preventive & Community Medicine', Boston Little Brown Company.

### Internal assessment

**Theory** Maximum marks 25

Periodic – 25 Marks Midterm – 50 Marks

Pre final – 75 Marks

TOTAL – 150 Marks

#### Convert to 20

Assignment Seminar – 50 Marks Convert to 05

**Practical** Maximum marks 50

Family Care Study – 50 Marks Health Talk – 100 Marks Procedure evaluation – 50 Marks Family Folders (5x10) – 50 Marks Clinical evaluation – 200 Marks

Practical examination

Viva voce – 25 Marks Midterm – 50 Marks Pre final – 50 Marks

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## **TOTAL – 575 Marks**

## **External assessment**

University examination

Theory Marks 75

Practical Marks 50

Below mentioned assignment have to be completed during clinical posting, however they are not for evaluation.

Group project 01(Exhibition/ Street Play/ Puppet Show)

Survey report – 01

Daily diary –